

neighborhoods. No longer. Since the election, a half-dozen guided bus tours have popped

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up to escort tourists on the Obama circuit, driving past Kapiolani Hospital, where the president was born in 1961, (see a copy of his birth certificate at <a href="https://www.obamasneighborhood.com">www.obamasneighborhood.com</a>), cruising past his several boyhood homes, slowing down to point out the corner markets where he stopped on the way home from school and the local park where he shot hoops.

Some tours are more expansive, with stops at historic sites, including the Arizona Memorial at Pearl Harbor and the restored Mission Houses in downtown Honolulu. There's also a walking tour led by Uncle Jack, a self-taught local historian.

To learn more about Obama, tours are a good way to start. But they're only half the story. The rest evolves as you explore the island — in the spirit of research, of course. First, venture away from the safety of your hotel pool and make friends with the world's largest ocean. Float on the swells. Kick up your feet. Duck your head under and embrace the waves.

Next, rent a car; you'll need it to wander the byways. Don't waste time on commercial attractions, like the submarine rides and the booze cruises. And pass up national-franchise fast-food joints in favor of local eateries run and patronized by kama'ainas (local Hawaiians).

Go native, and sample that most revered of all Hawaiian fast foods, the plate lunch. A treat when an expert makes it (and a dog otherwise), it's one of the islands' basic food groups. With years of experience under his belt, Obama likes the Rainbow Drive-in, in Honolulu, whose Website proclaims, "For 45 years, Rainbow Drive-in has served the most ono grindz (delicious food) to Hawaii and the World."

I like the barbecue chicken plate lunch, with macaroni salad and rice; the plate is \$6.50. The Ifuku family, owners of Rainbow, at 3308 Kanaina Ave., donates generous sums each year for scholarships and school supplies, something to muse on as you open your wallet. See their menu at <a href="https://www.rainbowdrivein.com">www.rainbowdrivein.com</a>.

If you're staying in a Waikiki Beach hotel, walk southeast along the sand toward Diamond Head, to Kapiolani Park and the beach across the street. Local families picnic on the sand, swim in the waves and sun on this stretch of shoreline, a great place to strike up a conversation, and even feel like local.

The Park, a great swath of grass named for Queen Kapiolani, is Hawaii's oldest public park, established in 1875. The grounds include the Waikiki Shell, a zoo, tennis courts, soccer fields and space to fly a kite or have a picnic. The Shell is the chief city venue for free summer-evening concerts on the grass, and a good place for people watching.

Ask your concierge for a schedule, bring a beach towel, food-to-go (and your favorite libation) and join the party. Obama picnicked here with his grandparents and most recently, with his own children — and the Secret Service.

Most visitors to Hawaii stick to Waikiki Beach, where the waves are long, smooth and predictable. But to swim with the locals, head to Kailua Beach County Park, on the southeast side of Oahu. Here's where the Obamas and friends rented two adjoining houses last year. But there's plenty of public beach and parking. Do observe the hand-printed "kapu" (forbidden) signs, however, and don't park across private driveways. That famous Hawaiian good nature has limits.

Another safe beach is at Kuilima Point, on the North shore, directly east of Turtle Bay Resort. The beaches here — and everywhere in Hawaii — are public, and there's always public access

Stop at Sandy Beach, now with a new parking lot, to see where Obama still bodysurfs when he comes home. Don't get into the water, however. One of the island's most treacherous beaches, Sandy regularly chews up novices.

For the best luau and hula performances, pass up the crowded and impersonal buffet dinners staged by big hotels and look instead for a community event. Visitors are always

Even the Bishop Museum, famous for the South Pacific's most prestigious collection of Polynesian art and artifacts, gets into the aloha spirit, inviting local school kids to demonstrate some of the basic hula moves. The steps are practiced and the smiles are learned, at least at first. They smile at you, you smile at them, and pretty soon, everyone's smiling; in fact, kinda like Obama.

(Anne Z. Cooke relives her travels at home in Venice, Calif.)

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